



accept where & how
you are now



believe you can
affect change



challenge yourself to
keep going

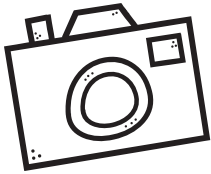
[Push through] the Work

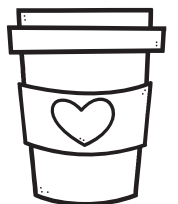


Ways to Yield & Rest



[Revisit] Why You Want It

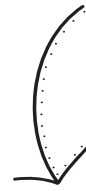




[Push through] the Work



Ways to Yield & Rest



[Revisit] Why You Want It

