1 can be afraid and do it anyway.

l can not know everything and still move forward.

1 can make mistakes and still succeed.

Things can be difficult, and I can still be positive.

l can have regrets and create a better future. l can be surrounded by chaos and still be in control of myself.

I can have concerns and still move forward with confidence. I can have questions and still make an informed decision.

I have weaknesses, and I'm still capable.

I can have struggles ahead and a bright future.