

Tackle the most
challenging task first.

Perfection isn't the priority.
Progress is.

Plan macro.
Work micro.

Create a "quick tick" list
to get momentum going.

Create ways to hold
yourself accountable.

Single-task to focus your
energy and efforts better.

Work smarter, not harder.
Accept help where
and how you can find it.

Make it a game.
Beat the clock whenever
and however you can.

Reward yourself for
completing goals and
overcoming challenges.

Invest in fun new supplies
for added inspiration
while you work.